

# SECOND SUNDAY IN LENT

February 21, 2016

Announcements

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**WELCOME VISITORS!** Zion's Lay Ministry/Evangelism Board says a special welcome to you this morning and may you be fed spiritually during this time of worship.

**OUR THANKS** to those assisting at worship this morning:

*Ushers:* 8:30 Paul & Marilyn Adams, Kendall & Renae Jensen

10:30 Nick & Kelsy DeFrang

*Greeters:* Shaun Muzzy, Sheryl Melin

*Acolytes:* 8:30 Rebeka Alemayehu

*Organist/ Pianist:* Phyllis Dalager 8:30; Laura Rude 10:30

*Reader:* Barry Hoffer

*Communion Assistants:* Barry & Junelle Hoffer 8:30; Kylee Hoffard, Mariah Iverson, Brandon Bruggeman 10:30; *Smoothie Counter:* Peyton Hanson *Tech Director:* Brandon Bruggeman

*Nursery:* Available, but not staffed

**BROADCASTS TODAY** are given in memory of Bill Mathieu by Lorraine Mathieu & family.

*www.ziontrf.org for February is sponsored by Wally Sparby in memory of Ione Sparby.*

**REMINDER** to those hospitalized to please notify Zion as the hospital does not alert us.

**BUSY BAGS** for preschoolers are available from an usher at the back of the sanctuary.

**LISTENING DEVICES & LARGE PRINT** worship folders & bulletins are available from an usher.

**PREVIOUS SUNDAY BULLETINS** are available outside the church office and Sunday announcements are also posted on our website.

**PLEASE REMEMBER** our staff and congregational leaders in your prayers.

*Ministers:* Every Member of the Congregation

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John Golv, *Senior Pastor* 683-5181 [jcgolv@mncable.net](mailto:jcgolv@mncable.net)

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Linda Hamrick, *Office Manager* [ziontrf@mncable.net](mailto:ziontrf@mncable.net)

Sandy Knutson, *Parish Nurse* [parishnurse21@hotmail.com](mailto:parishnurse21@hotmail.com)

Griffin Newland, *Custodian*

**THE HERALD is available online at Zion's site or by mail.** Please contact the church office if you would like to receive it by mail. Extra copies are available on tables in the narthex or by the church office.

**JOIN THE STAFF** -Tuesdays at 10:30 AM & Fridays at 9:30 AM for coffee fellowship.

**ZION WORSHIP SERVICE ONLINE**—Sunday mornings you can listen to the 8:30AM service online. The link has been updated for easier access. 1. Go to: [www.ziontrf.org](http://www.ziontrf.org). 2. In the black banner click Listen Online. 3. Click on the RED link to KTRF.

**PARISH NURSE:** *Parish Nurse hours are Mondays from 3-4:30 PM.*

Move of the month: Marching in place. Moving is good for your health! Marching does not have to be boring. Put on music, then march as a warm-up for an exercise routine, or march for an extended period as an aerobic workout.

**NO HANDSHAKING** We have members of our church and community that have compromised immune systems, which will increase their risk for complications from the flu. Once again Zion will start the *“No Handshaking” time of year* and do our part to limit the flu transmission. Remember a friendly warm smile goes a long way.

**STEWARDSHIP COMMITTEE** is accepting items for the Personal Care Kits during our Lenten season. On Wednesday, Feb. 24th we are asking for adult-size toothbrushes. Other items in each kit are: nail clippers, 2 bath-size soaps, bath towels. (Dark colors preferred, new or gently used) and a sturdy comb. Monetary donations will also be accepted.

**FEBRUARY CIRCLES:**

**LYDIA** will meet Tues., Feb. 23rd, 9:30 AM in the fellowship hall.

**SARAH** will meet Tues., Feb. 23rd, 6:30 PM at Valley Home library. Vivian Knutson, Hostess.

**ELIZABETH** will meet Wed., Feb. 24th, 9:30 AM at Greenleaf. Betty Amiot, Hostess.

**REBEKAH** will meet Thurs., Feb 25th, 9AM at Gladys Hallstrom’s home.

**MISSING: 2 Large roasters from the kitchen. If you have borrowed them or know where they are, please return them. Thank you.**

**Eight Annual Good Friday Prayer Vigil** is March 25th. There is a sign up sheet in the Narthex. Even if you are not able to sign up for a time slot, please come anyway and feel free to bring a friend. Feel free to stay longer than your half hour time slot, as you will find the time will be gone before you know it. But what a wonderful half hour it will be! This is a time of meditation, prayer and silence. There will be a booklet provided for you to use during this time if you wish. Come and join us and be part of something that will make a lasting impression in your heart.

**PRAYER SHAWL MINISTRY** meets on Thursday mornings at 10:00 in the Fellowship Hall. We are always looking for more crocheters and knitters! If you don’t know how to knit or crochet, we will help you learn! For more information call Deb Holtan at 449-4645.

**VOLUNTEER OPPORTUNITY** A volunteer is needed to deliver the Christian Magnifier to the nursing homes once a month. The Magnifier is a large print Christian literature magazine provided by the Zion Women. The February issue can be picked up in the church office.

**SYNOD CONFERENCE** The synod’s eight conferences will meet on February 28th. These gatherings will include worship and discussion on organization of the conferences. Synod staff are providing video segments about informative topics. Conference 2 (Thief River Falls) will meet at 2 p.m. at Redeemer Lutheran Church.

**The Pathways Annual Meeting is Saturday, March 5<sup>th</sup> at St. Paul's Lutheran Church (1214 University Ave) in Crookston, MN. Registration & fellowship will begin at 1:30 and we will call the meeting to order at 2pm with Pathways staff leading devotions/worship.**

## MINISTRY NEEDS

Attendance Sunday, Feb. 14: 164

Attendance Ash Wednesday: 182

Weekly offering/including Simply Giving Feb. 14: \$ 5,165.

Envelope/Simply Giving Income 2016: \$ 37,363.

2016 Budget \$437,869.

**SIMPLY GIVING** If you would like a convenient way to make regular offerings, we encourage you to check out our electronic giving options. As the pace of life speeds up, you may find electronic giving is the way to go. It takes just a few minutes to setup a recurring giving plan. Visit the church website, [www.ziontrf.org](http://www.ziontrf.org) and locate the donation link or complete a paper authorization form & return it to the church office.

**Donate from your smart phone!** Zion Lutheran Church now offers a mobile version of our online giving page to make it easy for you to give anytime from your smart phone. Simply scan the image you see here using your phone's Quick Response (QR) code reader!



**SUNDAY SERVICE RIDES** Call/text Sarah Villanueva at 701-212-2637.

**TAB COLLECTION** Leave tabs for the Ronald McDonald House in Fargo on the table outside the church office. Thank you for sharing.

**\*\*\*BROADCAST SPONSORSHIP SIGN UP LIST FOR 2016 IS LOCATED ON THE WALL BY THE OFFICE DOOR.\*\*\*** Cost is \$100 *for entire broadcast*; \$50 *for half*.



**Direct Thrivent Choice Dollars® by March 31** Eligible Thrivent Financial members who have been designated Choice Dollars have until **March 31, 2016**, to direct them. Don't miss this opportunity to recommend that Thrivent Financial provide grant funding to Zion Lutheran Church. Go to [Thrivent.com/thriventchoice](http://Thrivent.com/thriventchoice) to learn more and find program terms and conditions. Or call 800-847-4836 and say "Thrivent Choice" after the prompt.

## YOUTH NEWS

- ⇒ **JUNIOR HIGH YOUTH GROUP** meets Wednesdays from 3-5 PM with Kami.
- ⇒ **Noisy Offering for February: Pathways Bible Camp**
- ⇒ **KIDS SABBATH TODAY**—French Toast will be served between services.
- ⇒ **YOUTH**—Check out online newsletter for details.
- ⇒ **2016 Wall CALENDARS** available for \$8, Pocket \$6. See Amber to sell.

### Thanks to our MUFFIN MAKERS:

Feb. 21: Charles & Tami Lundgren, Chris & Kathy Olson, Chris & Missy Borgan,  
Chris & Nicolle Ellison

Feb. 28: Chrysi Gibson, C-Jay & Francesca Wojciechowski,  
Coreen Erickson, Cori Bregier

### **Noisy Offering for February will go Pathways Bible Camp (Camp Emmaus)**

Camp Emmaus is located just outside of Menahga, MN. Emmaus offers year-round retreat and conference facilities for groups of all types in a peaceful and pristine setting. Camp Emmaus is ideal for retreats, family reunions, banquets, and meetings. The Challenge Course at Camp Emmaus also opens up possibilities for team building retreats.

**CAMP SUNDAY** will be March 6th. Sunday School kids will be singing at the 10:30 service.

**FIRST COMMUNION CLASSES** for 5th Grade students will be held Sundays, March 13th & 20th at 9:30 AM. A mailing was sent last week with the details.

## COMMUNITY/AREA EVENTS

**ST BERNARD'S LENTEN FISH FRY**s beginning February 12th. Price is \$12 for 2 fillets, \$10 for 1 fillet. Serving 5-7PM. Carry out and Deliver available 681-3560. Meals include potato and vegetable. Desserts also available. Every Friday February 12 thru March 18th.

**AMERICORPS** is seeking volunteers age 17 and older to serve as respite volunteers. Volunteer work involves providing safety and companionship for persons age 60+ with a chronic health condition so family caregivers can take a break. Contact Tara Giese at 1-800-488-4146 or taragiese@lssmn.org.

**GROCERIES TO GO** **Do you need help getting your groceries?** Let RSVP know. Call RSVP at 218-281-8288 or 218-281-8289 to discuss your needs. If you are willing to volunteer to work with the "Groceries to Go" program you may also call RSVP at the same numbers above to help people with this need.

**HOSPICE OF THE RED RIVER VALLEY** is seeking individuals to join its volunteer team as companionship volunteers. Hospice provides a flexible schedule. To apply, go to [www.hrrv.org/volunteer](http://www.hrrv.org/volunteer) or contact Nikki Dukart at 701-740-0370 or ndukart@hrrv.org.

**"Morning Out" LSS Caregiver Support/ Day Respite Program** at Trinity Lutheran Church. Every 1st and 3rd Monday from 10:00 AM to 2:00 PM. This service provides a safe enjoyable environment for your loved one (age 60+) so you are able to rest, shop, take care of health needs, or run errands. Participants will enjoy activities in a safe surrounding. For more information contact Loretta Drevlow at 218-681-7454. Please bring a sack lunch. Coffee and water provided.

**RSVP Handyman Service** Trained volunteers enable seniors to maintain their independence and safety by providing minor home maintenance repairs such as replace batteries, lightbulbs, install grab bars or smoke detectors, weatherization projects, etc. with no charge. Materials or supplies are paid for by the client, scholarships are available for those in need. Call RSVP at 218-281-8288.

**HERITAGE COMMUNITY CENTER** first Monday of the Month fundraiser supper, 5-6 PM. Minimum donation \$7; proceeds to running the Center. Open to all ages.

**LSS RESPITE SERVICES** is for families caring for individuals 60+ with chronic health conditions. They provide a volunteer to come into the home to assist a loved one while the Caregiver can run errands, attend appointments or just get some needed time away. Call coordinator Brandi Halland at 218-280-3773 for more info.

### **SUPPORT GROUPS IN THIEF RIVER FALLS**

**Brain Injury:** Third Thursday, 7 PM at United Methodist.

**Cancer:** First Wednesday, 5:30-6:30 PM at Sanford Medical. Alicia at 683-4380 FMI.

**Caregiver:** Second Thursday, 10 AM at Heritage Center. Lori at 218-945-6808 FMI.

**Dementia/Alzheimer's:** Third Monday, 6:30PM at GrandStay Hotel meeting room. Kari 686-4487 FMI.

**Gamblers Anonymous:** Mary at 218-684-0813 FMI.

**Grief:** First Tuesday, 1-2:30 PM, Hospice of the RRV. Jennifer at 888-237-4629 FMI.

**Overeater's Anonymous:** Mondays, 6:30 PM at United Methodist.

**Parkinsons:** Second Thursday 4PM at Valley Home Board Room. Joannie at 681-2914 or Judy 681-6631. FMI



## LENT - 2016 “Faith Practices”

This Lenten season we are again participating in the Round Robin. Featured speakers for the services are area ELCA pastors, rotating among congregations. Please join us during this Lenten season.

### **2<sup>nd</sup> Wednesday of Lent – February 24**

5:30 Supper—catered—Scalloped potatoes; Clean Up-Grades K-2  
6:30 Worship “*Prayer...Pray Frequently*” *1 Thessalonians 5:16-18*  
Pastor Jonathon Dodson, Plummer Parish

### **3<sup>rd</sup> Wednesday of Lent – March 2**

5:30 Supper – Elizabeth Circle – Tater Tot Hot Dish; Clean Up-Grade 7  
6:30 Worship “*Worship...Worship Regularly*” *Psalms 34:1-3*  
Pastor Ale Tulu

### **4<sup>th</sup> Wednesday of Lent – March 9**

5:30 Supper - Rebekah—Stew; Clean Up-Grades 10-12  
6:30 Worship  
“*Give...Stewardship...Give Freely*” *Luke 6:38* Pastor Carl Hansen, St. Pauli

### **5<sup>th</sup> Wednesday of Lent – March 16**

5:30 Supper –Sarah Circle – Chili; Clean Up-Grade 9  
6:30 Worship “*Encourage...Teaching/Mentoring Pass on the Faith*” *1 John 3:18*  
Pastor John Golv

### **6<sup>th</sup> Wednesday of Lent – March 23**

*No Supper or Service tonight*

### **Maundy Thursday - March 24**

6:00 Seder Meal for First Communicants & Family  
Lydia Circle - Seder Meal; Clean Up-Grade 8  
7:30 Worship/Holy Communion *The Meal* Pastor Ale Tulu, Zion

### **Good Friday - March 25**

No Supper  
6:30 Worship

**Wednesday ZLCW supper proceeds go to support youth campers.**

**!!!!!!!!!!!!!!!!!!!!!!YOU MUST ACT NOW!!!!!!!!!!!!!!!!!!!!!!  
!!!!!!!!!!!!!!!!!!!!!!DIRECTORY PHOTOS!!!!!!!!!!!!!!!!!!!!!!**

There is **one** opening on Friday, April 29 at 3:30 for directory photos.

Wednesday, April 27 has been added to the directory photo schedule. We need to guarantee 15 families for photos that day before Lifetouch will send photographers here. PLEASE SIGN UP AS SOON AS POSSIBLE!!!!!!!

Contact Darlene Hulteen at 681-1047 or email her at [dhulteen@mncable.net](mailto:dhulteen@mncable.net). OR YOU CAN SIGN UP ONLINE. GO TO ZIONTRF.ORG AND CLICK ON THE BLUE BUTTON.



### **CHURCH DIRECTORY PHOTOS**

- If you had your directory picture taken and you *did not order* pictures, your free 8 X 10 photo can be picked up in the church office.
- If you *ordered* pictures, your free 8 X 10 photo will be included in the order shipped to your home.

## **Opportunities for the Week**

### **Sunday, February 21:**

8:30 Worship HC, Cable3/KTRF BC  
9:30 Education Hour  
9:30-10:30 Flapjacks for Faith  
10:00 Silver Creek Worship  
10:30 Kids Sabbath

### **Monday, February 22:**

9AM Bone Builders  
3-4:30 PM Parish Nurse hours

### **Tuesday, February 23: Circles**

9:30 AM Staff Meeting  
10:30 Coffee with Staff  
Noon Text Study/Redeemer

### **Wednesday, February 24: Circles**

9 AM Bone Builders exercise  
3-5 Jr Hi youth group  
4:30 Jubilate Campana  
5:30 Lenten supper  
6 God's Joy Choir  
6:30 Lenten service  
7:15 Senior Choir  
7:30-9:30 Sr Hi youth group

### **Thursday, February 25: Circles**

9 AM Bone Builders exercise  
10 Prayer Shawl ministry

### **Friday, February 26:**

7 AM Men's Breakfast/ Biff's  
9 AM Bone Builders exercise  
9:30 Coffee with Staff

### **Sunday, February 28:**

8:30 Worship, Cable3/KTRF BC  
9:30 Education Hour  
10:00 Silver Creek Worship  
10:30 New Traditions Worship  
**2 PM Synod Conference at Redeemer**