Pre-service Music ANNOUNCEMENTS INVOCATION

GATHERING SONG

"Amazing Grace"

ELW #779

GREETING

The grace of our Lord Jesus Christ, the love of God, and the communion of the Holy Spirit be with you all. (2 Corinthians 13:13)

And also with you.

You are the treasured people of the LORD, a people holy to the LORD our God.

Keep the words of the LORD in your heart; teach them to your children. Talk about them when you are at home and when you are away, when you lie down and when you rise.

One does not live by bread alone, but by every word that comes from the mouth of the LORD. (Deuteronomy 26, 11, 8)

PRAYER OF THE DAY

The Lord be with you.

And also with you.

Let us pray.

Almighty Creator and ever-living God: we worship your glory, eternal Three-in-One, and we praise your power, majestic One-in-Three. Keep us steadfast in this faith, defend us in all adversity, and bring us at last into your presence, where you live in endless joy and love, Father, Son, and Holy Spirit, one God, now and forever.

Amen.

SCRIPTURE SONG

"Word of God, Come Down on Earth" ELW #510 v1&3
Word of God, come down on earth, living rain from heav'n descending;
touch our hearts and bring to birth faith and hope and love unending.
Word almighty, we revere you; Word made flesh, we long to hear you.

Word that speaks God's tender love, one with God beyond all telling, Word that sends us from above God the Spirit, with us dwelling, Word of truth, to all truth lead us; Word of life, with one bread feed us.

FIRST LESSON: Isaiah 6:1-8

This reading narrates Isaiah's vision of the Lord surrounded by angels. They sing "Holy, holy," a song the church sings at the beginning of the great thanksgiving. This liturgical text invites the church and all creation to sing in praise of God's glory. That glory is God's mercy toward sinners.

¹In the year that King Uzziah died, I saw the Lord sitting on a throne, high and lofty; and the hem of his robe filled the temple. ²Seraphs were in attendance above him; each had six wings: with two they covered their faces, and with two they covered their feet, and with two they flew. ³And one called to another and said:

"Holy, holy, holy is the LORD of hosts; the whole earth is full of his glory."

⁴The pivots on the thresholds shook at the voices of those who called, and the house filled with smoke. ⁵And I said: "Woe is me! I am lost, for I am a man of unclean lips, and I live among a people of unclean lips; yet my eyes have seen the King, the LORD of hosts!"

⁶Then one of the seraphs flew to me, holding a live coal that had been taken from the altar with a pair of tongs. ⁷The seraph touched my mouth with it and said: "Now that this has touched your lips, your guilt has departed and your sin is blotted out." ⁸Then I heard the voice of the Lord saying, "Whom shall I send, and who will go for us?" And I said, "Here am I; send me!" Word of God, Word of life. **Thanks be to God.**

PSALM: Psalm 29

¹Ascribe to the [|] LORD, you gods, ascribe to the LORD glory and strength.

²Ascribe to the LORD the glory due God's name; worship the LORD in the beauty of holiness.

³The voice of the LORD is upon the waters; the God of ¹ glory thunders; the LORD is upon the ¹ mighty waters.

⁴The voice of the LORD is a powerful voice;

the voice of the LORD is a voice of splendor.

⁵The voice of the LORD breaks the ¹ cedar trees;

the LORD breaks the cedars of Lebanon;

⁶the LORD makes Lebanon skip like a calf, and Mount Hermon like a young wild ox.

⁷The voice | of the LORD

bursts forth in I lightning flashes.

⁸The voice of the LORD shakes the wilderness;

the LORD shakes the wilderness of Kadesh.

⁹The voice of the LORD makes the oak trees writhe and strips the forests bare.

And in the temple of the LORD all are crying, "Glory!"

¹⁰The LORD sits enthroned above the flood;

the LORD sits enthroned as king forevermore.

¹¹O LORD, give strength to your people;

give them, O LORD, the blessings of peace.

SECOND LESSON: Romans 8:12-17

In describing the new life of faith, Paul refers to all three persons of the Trinity: the Spirit leads us to recognize that we are children of God the Father and joint heirs with Christ the Son.

¹²Brothers and sisters, we are debtors, not to the flesh, to live according to the flesh—¹³for if you live according to the flesh, you will die; but if by the Spirit you put to death the deeds of the body, you will live. ¹⁴For all who are led by the Spirit of God are children of God. ¹⁵For you did not receive a spirit of slavery to fall back into fear, but you have received a spirit of adoption. When we cry, "Abba! Father!" ¹⁶it is that very Spirit bearing witness with our spirit that we are children of God, ¹⁷and if children, then heirs, heirs of God and joint heirs with Christ—if, in fact, we suffer with him so that we may also be glorified with him.

Word of God, Word of life. **Thanks be to God.**

GOSPEL ACCLAMATION Word of God, Come Down on Earth ELW #510, v2

Word eternal, throned on high, Word that brought to life creation, Word that came from heav'n to die, crucified for our salvation, saving Word, the world restoring, speak to us, your love outpouring.

GOSPEL: John 3:1-17

Jesus' miracles prompt Nicodemus to visit him in secrecy. Jesus tells him about being born of the Spirit and about the Son who has been sent by God to save.

The Holy Gospel according to John.

Glory to you, O Lord.

¹Now there was a Pharisee named Nicodemus, a leader of the Jews. ²He came to Jesus by night and said to him, "Rabbi, we know that you are a teacher who has come from God; for no one can do these signs that you do apart from the presence of God." ³Jesus answered him, "Very truly, I tell you, no one can see the kingdom of God without being born from above." ⁴Nicodemus said to him, "How can anyone be born after having grown old? Can one enter a second time into the mother's womb and be born?" ⁵Jesus answered, "Very truly, I tell you, no one can enter the kingdom of God without being born of water and Spirit. ⁶What is born of the flesh is flesh, and what is born of the Spirit is spirit. ⁷Do not be astonished that I said to you, 'You must be born from above.' ⁸The wind blows where it chooses, and you hear the sound of it, but you do not know where it comes from or where it goes. So it is with everyone who is born of the Spirit." ⁹Nicodemus said to him, "How can these things be?" ¹⁰Jesus answered him, "Are you a teacher of Israel, and yet you do not understand these things?

¹¹"Very truly, I tell you, we speak of what we know and testify to what we have seen; yet you do not receive our testimony. ¹²If I have told you about earthly things and you do not believe, how can you believe if I tell you about heavenly things? ¹³No one has ascended into heaven except the one who descended from heaven, the Son of Man. ¹⁴And just as Moses lifted up the serpent in the wilderness, so must the Son of Man be lifted up, ¹⁵that whoever believes in him may have eternal life.

¹⁶"For God so loved the world that he gave his only Son, so that everyone who believes in

him may not perish but may have eternal life.

¹⁷"Indeed, God did not send the Son into the world to condemn the world, but in order that the world might be saved through him."

The Gospel of the Lord. Praise to you, O Christ.

SERMON Pastor Kristin Ostercamp

HYMN OF THE DAY "Be Thou My Vision" ELW #793

RESPONSE TO THE WORD: CREED AND CONFESSION

In Christ, you have heard the word of truth, the gospel of your salvation.

We believe in him and are marked with the seal of the promised Holy Spirit.

(Ephesians 1:13-14)

Living together in trust and hope, we confess our faith.

I believe in God, the Father almighty,

creator of heaven and earth.

I believe in Jesus Christ, his only Son, our Lord.

He was conceived by the power of the Holy Spirit

and born of the virgin Mary.

He suffered under Pontius Pilate,

was crucified, died, and was buried.

He descended into hell.*

On the third day he rose again.

He ascended into heaven,

and is seated at the right hand of the Father.

He will come again to judge the living and the dead.

I believe in the Holy Spirit,

the holy catholic Church,

the communion of saints,

the forgiveness of sins,

the resurrection of the body,

and the life everlasting. Amen

Build yourselves up on your most holy faith;

pray in the Holy Spirit.

(Jude 20)

Keep yourselves in the love of God;

look forward to the mercy of our Lord Jesus Christ.

(Jude 21)

If anyone is in Christ, there is a new creation:

Everything old has passed away; behold, everything has become new!

(2 Corinthians 5:17)

God has given us the ministry of reconciliation.

Therefore, let us be reconciled to God and to one another.

Gracious God,

have mercy on us. In your compassion forgive us our sins,

known and unknown, things done and left undone.

Uphold us by your Spirit so that we may live and serve you in newness of life, to the honor and glory of your holy name; through Jesus Christ our Lord. Amen

Almighty God has mercy on you,

Your sins are forgiven through our Lord Jesus Christ,

Be strengthened in all goodness,

and the power of the Holy Spirit keep you in eternal life.

Amen

PEACE

Sisters and brothers, rejoice. Mend your ways, encourage one another, agree with one another, live in peace. (2 Corinthians 13:11)

The peace of the Lord be with you always.

And also with you.

Peace be with you.

OFFERING/ OFFERTORY "Create in Me a Clean Heart" ELW #186 Create in me a clean heart, O God, and renew a right spirit within me.
Cast me not away from your presence, and take not your Holy Spirit from me.
Restore to me the joy of your salvation, and uphold me with your free Spirit.

God, our Creator,

you open wide your hand and satisfy the desire of every living creature. With these gifts we bless you for your tender nurture and care. Help us to delight in your will and walk in your ways, through Jesus Christ our Lord. Amen

THE PRAYERS

Response: Merciful God, receive our payer.

LORD'S PRAYER

Lord, remember us in your kingdom, and teach us to pray:

Our Father, who art in heaven, hallowed be thy name, thy kingdom come, thy will be done,
on earth as it is in heaven.
Give us this day our daily bread;
and forgive us our trespasses,
as we forgive those
who trespass against us;
and lead us not into temptation,
but deliver us from evil.
For thine is the kingdom,
and the power, and the glory,
forever and ever. Amen.

BLESSING

May the God and Father of our Lord Jesus Christ fill you with every spiritual blessing.

Amen

May the God of faithfulness and encouragement grant you to live in harmony with one another, in accordance with Christ Jesus.

Amen

May the God of hope fill you with all joy and peace in believing, so that you may abound in hope by the power of the Holy Spirit.

Amen

(Romans 15)

SENDING SONG "Eternal Father, Strong to Save" ELW #756

DISMISSAL

Go into the world knowing Christ and making him known. Thanks be to God.

Post-service Music

From sundaysandseasons.com.

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Announcements - May 26, 2024

WELCOME! ZION'S LAY MINISTRY/EVANGELISM BOARD EXTENDS A SPECIAL WELCOME TO YOU THIS MORNING. MAY YOU BE FED SPIRITUALLY DURING THIS TIME OF WORSHIP.

OUR THANKS TO TODAYS WORSHIP LEADERS/ASSISTANTS

Pastor: Kristin Ostercamp Pianists: Laura Rude, Jenna Von Holtum Organist: Marie Longo Greeters: Tim & Kirsten Michalke Ushers: Wayne & Jeri Nomeland Reader: Kami Spears

OUR PRAYERS TO ALL GOD'S CHILDREN STANDING IN THE NEED OF PRAYER.

Those under a doctor's care, those who grieve, all who are moving through a challenging season, especially Cassie Wilson, Dan Bartsch, & Diane Sundby. Sympathy to the family of Mitch Dicken

ZION WORSHIP SERVICE ONLINE Sunday mornings you can listen to the 9:00AM service online. Go to: www.ziontrf.org, in the black banner click Listen Online, Click on the RED link to KTRF.

BROADCASTS today are sponsored in memory of Grandma & Grandpa Hed and Grandpa Jim Spears by Grant, Dana, Devin, Shawna, & Trista Spears.

WEBSITE sponsor for May is Zion Memorials

LISTENING DEVICES & LARGE PRINT worship folders & bulletins are available from an usher.

COFFEE TALK - Kaitlin Gagner from Lutheran Social Services will be coming on June 2, 2024 to give a presentation on their Caregiver Support and Respite programs. This information is great to know about when in a situation where you may need help. Their services are temporarily available at no cost. It will be in the Fellowship Hall after church services around 10 AM. Please stay for coffee and learn more about them.

AFTERNOON OUT - LSS Group Respite is a great place to bring your loved one to enjoy playing cards, bingo and reminiscing to their favorite music. Volunteers are also needed to socialize over coffee and interactive videos during Group Respite. Please contact Debi Retzlaff at 218.593.1333 or email at debi.retzlaff@lssmn.org

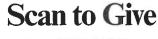
for more information. Thursdays, 2:00 to 4:30 PM in the Lounge.

THANK YOU FOR SUPPORTING OUR WORK AND WITNESS!

May 13-19: \$7,510. May 1–19: \$17,641 YTD: \$125,920. Weekly Goal: \$6,523. Offering plates are available on the table at the back of the church

VANCO ELECTRONIC GIVING -Sign up available on Zion's website or contact the church office.

Direct Thrivent Choice Dollars[®] Eligible Thrivent Financial members: Show your appreciation for Zion Lutheran Church by directing Choice Dollars. The individual recommendations you make through Choice Dollars can make a profound impact. *Thank you to all who have directed dollars!*





Thank you for your generosity!

THE GROCERIES TO GO & HANDYMAN PROGRAMS are available through our church. If you need this service or would like to be a volunteer for grocery delivery, call the church office at 218-681-3296 and Darlene will get back to you.

PARISH NURSE NOTES —

May is Mental Health Awareness Month! Mental health includes our emotional, psychological, and social well-being. It affects how we think, feel, and act. It also helps determine how we handle stress, relate to others, and make healthy choices.

Mental and physical health are equally important components of overall health. For example, depression increases the risk for many types of physical health problems, particularly long-lasting conditions like diabetes, heart disease, and strokes. Similarly, the presence of chronic conditions can increase the risk for mental illness. Furthermore, mental illnesses are among the most common health conditions in the United States.

More than 1 in 5 US adults live with a mental illness.

Over 1 in 5 youth (ages 13-18) either currently or at some point in their life, have had a seriously debilitating mental illness.

About 1 in 25 US adults lives with a serious mental illness, such as schizophrenia, bipolar disorder, or major depression.

With this information in mind, it is important to be kind to others and yourself. Many of us are facing challenges that can be stressful and overwhelming. Learning to cope with the stress in a healthy way will help you, the people you care about, and those around you become more resilient.

Here are some ways you can manage stress, anxiety, grief, and worry: Take breaks from news stories and social media. Take care of your body! Eat healthy, get enough sleep, and get active. Take time to unwind and connect with others.

If you or someone you love is struggling, remember **988** is the number that can provide assistance and access to life-saving service. Whether you're experiencing thoughts of suicide, a mental health or substance use crisis, or any other kind of emotional distress, there is compassionate support available through the **988 Lifeline**. You can Text **988/Call 988/or Chat 988lifeline.org anytime**, day, night, or weekend. Remember, God is always with you!

God's Blessing and Peace...Parish Health

Pastor Kristin Ostercamp, pastorkristin@mncable.net

Office Phone: 681-3296 Fax: 681-3048

Linda Hamrick, Office Manager ziontrf@mncable.net

Darlene Wiseth, Faith Community Nurse zionph@mncable.net

David Lee / Tiffany Sterry, Custodial



VACATION BIBLE SCHOOL will be held at Redeemer this year.

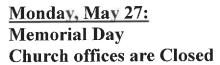
Dates are July 21-24. Sunday Kickoff 6 - 7:30 pm. Mon-Wed 9am - 1pm

Thank you to our families for providing treats for coffee following worship each Sunday. Please bring 2 dozen baked goods on or before Sunday, May 26: Zac & Jenna Svir, Zach & Chelsey Bladow, Zach & Kelsey Johnson

SCHEDULE FOR THE WEEK:

Today: Sunday, May 26:

9:00 Zion worship/Broadcast ch. 3; KTRF10 Coffee FellowshipNo Silver Creek Worship12 GV broadcast ch. 37



Tuesday, May 28:

No Bible Study today 9-12 Faith Community Nurse hours 10:30 Bereavement Group

Thursday, May 23:

9 SAIL exercise2-4:30 LSS Respite Care

Friday, May 24:

8 Men's Breakfast at Biff's

Next Sunday, June 2:

9:00 Zion Holy Communion worship/ Broadcast ch. 3; KTRF 10 Coffee Fellowship/ LSS Speaker 10:30 Silver Creek Worship 12 GV broadcast ch. 37



Wednesday Worship begins June 5th Meal at 5:30, Worship at 6:15